

Minister Farrakhan speaks on alternatives to the COVID Vaccine

In his address at the virtual Nubian Leadership Circle Conference in December 2020, The Honorable Minister Louis Farrakhan spoke on the importance of Vitamin D in boosting our immune system and gaining vitamins from the sun itself. He stated,

“You are already on death row and don’t even know it. So now you’re a perfect host for the COVID virus. That’s why it’s killing us. But it’s not that we don’t have the means to do that, we don’t really need the vaccine. We need more Vitamin D.” He continued to say, “Do you know why the virus is not hitting the Caribbean like it’s hitting America and Europe? Because we live in the sun. The Honorable Elijah Muhammad told me *that in the sun there are billions of vitamins that you can’t get in anything that is created except through the sun. My teacher taught me to take a bath a least once a year in the sun. And when you have turned enough, your body has accepted billions of vitamins into it. And when the day of disease comes, the vitamins rise up to defend us against disease. That’s why in the Caribbean they’re not worried about a pandemic down there.*”

In a 2010 study entitled, “Vitamin D for Treatment and Prevention of Infectious Disease”, doctors wrote about Vitamin D and its benefits for certain infections and diseases. They stated:

“The link between vitamin D deficiency and susceptibility to infection has been suggested for longer than a century, with the early observation that children with nutritional rickets were more likely to experience infections of the respiratory system, leading to the coining of the phrase ‘rachitic lung’. The isolation of vitamin D3 from cod liver oil, which was used to treat tuberculosis (TB) in the 1930s, led to its widespread use in TB treatment and prevention, until the introduction of anti-infective chemotherapy in the 1950s. More recently, epidemiologic studies have demonstrated strong associations between seasonal variations in vitamin D levels

and the incidence of various infectious diseases, including septic shock, respiratory infection, and influenza.”

Taking vitamins to boost the immune system, particularly vitamin D, is a good way to fight off diseases and viruses. Instead of taking the vaccine, it would be wise for us to look into this as an alternative. Until we can access these therapies that other countries are making available to their people, the best thing that all of us can currently do while quarantining in our homes is boost our immune systems to prevent infections. We should be following the health guidelines of wearing masks, thoroughly cleaning our homes, washing our hands, and social distancing. A rushed, half-done vaccine amid a global pandemic and a continuous racial crisis within the medical field is the last thing we need.

On July 4, 2020 during his address entitled, “*The Criterion*”, The Honorable Minister Louis Farrakhan advised all of us to not take the COVID vaccine. This vaccine has made its way into the medical field and has been pushed strategically towards the marginalized communities of America, specifically Black, Brown and indigenous communities. The media has gaslit these communities as paranoid and unreasonably skeptical without fully explaining the perpetual violation of trust towards these communities by the government and various medical fields. Due to a pattern of medical abuses as far back as colonial America, there is justifiable resistance from anything that has the potential to harm us again. This vaccine is no different. Minister Farrakhan gave us a look into alternative therapies to take until a safe and effective option will be produced and vetted by some of our doctors, virologists, and epidemiologists. Some of the notable alternatives that The Minister suggested were Alpha Interferon B and Vitamin D.

According to the Jul-Aug 2009 NIH National Journal of Medicine one of the alternatives he mentioned, Vitamin D, was proven effective for treatment and prevention of infectious diseases following a systematic review of randomized controlled trials.

Objective: To review the existing human controlled intervention studies of vitamin D as adjunctive therapy in settings of infection and provide recommendations for

design and implementation of future studies in this field on the basis of the evidence reviewed.

Methods: We conducted a systematic review of randomized controlled clinical trials that studied vitamin D for treatment or prevention of infectious diseases in humans. Studies from 1948 through 2009 were identified through search terms in PubMed and Ovid MEDLINE.

Conclusion: More rigorously designed clinical trials are needed for further evaluation of the relationship between vitamin D status and the immune response to infection as well as for delineation of necessary changes in clinical practice and medical care of patients with vitamin D deficiency in infectious disease settings.

Minister Farrakhan also called for the lift of the embargo on Cuba to look into their medicines and therapies. It would be beneficial to assist in healing our communities rather than the U.S. government, with their history of medical abuses towards Black, Brown, and indigenous communities. One of these therapies is **Alpha Interferon 2B**. The Minister also said on July 4th, *“We want what Cuba is developing against Covid-19. We want Alpha Interferon 2B if that is what is good against COVID. We’re looking into Madagascar. We’re looking into other therapies, but we definitely will not accept your vaccine. You’ve blown it all the way around with us.”*

Cuban biotech specialist Dr. Luis Herrera Martinez states that **Alpha Interferon 2B** “prevents aggravation and complications in patients, reaching that stage that ultimately can result in death.” While this is not a cure to the virus, it is an excellent antiviral proven to be effective at boosting the immune system. It has also been used in places like China. If other countries were providing their people with something in the absence of a vaccine that was proven to work, then why not seek to partner with them and make it more available?

Cuba's Interferon alfa-2b works in treating COVID in China

According to the March 20th China Global Television Network, among the drugs used for COVID is a particularly promising Cuban compound called "**Interferon alfa-2b**," which has been successfully administered to Chinese patients.

In Cuba, where precaution measures against COVID have included the temporary closing of schools and the shutdown of the tourist sector, among others, authorities have called on people to stay at home while Cuban scientists are working hard to develop new biotech products to kill the lethal disease.

With a growing number of cases, the island's healthcare infrastructure is ready to treat an expected surge of patients with a wide selection of promising drugs. "The package of drugs we are administering is based on the experience of countries hardest hit by the disease. We have considered this with our experts, while our scientists try to add new local drugs to this protocol," said Cuban Health Minister Jose Angel Portal in a recent TV appearance.

A highly promising Cuban drug for COVID is called Interferon alfa; originally produced by Cubans during the 1980s and currently being developed in China through a joint Cuban-Chinese venture.

Doctors in the Asian country reported positive results when used on its recent COVID patients, and the drug tops a list issued by the Chinese Pharmaceutical Association to treat the respiratory disease.

Interferon alfa-2b was produced by the Havana-based Genetic Engineering and Biotechnology Center and over the years has been used for diseases from dengue fever to Hepatitis and HIV.

Scientists assure that current reserves and production of interferon alfa-2b allow the treatment of an indefinite number of COVID cases in Cuba and also for the export to other countries.

Jorge Valdes, Biotechnology Center scientist and deputy director, said that in his view the drug's success in China was due to its proven antiviral action and its administration at the early stages of the disease, along with some antiretroviral drugs.

The scientist also confirmed that there's movement toward a Cuban vaccine for COVID. "Out of several candidate vaccines, we have one to be submitted to trials in humans soon in order to administer it in the current circumstances." In line with global efforts to fight the new coronavirus, Cuban scientists are playing an active role in the search for new weapons to stop its spread here and around the world.